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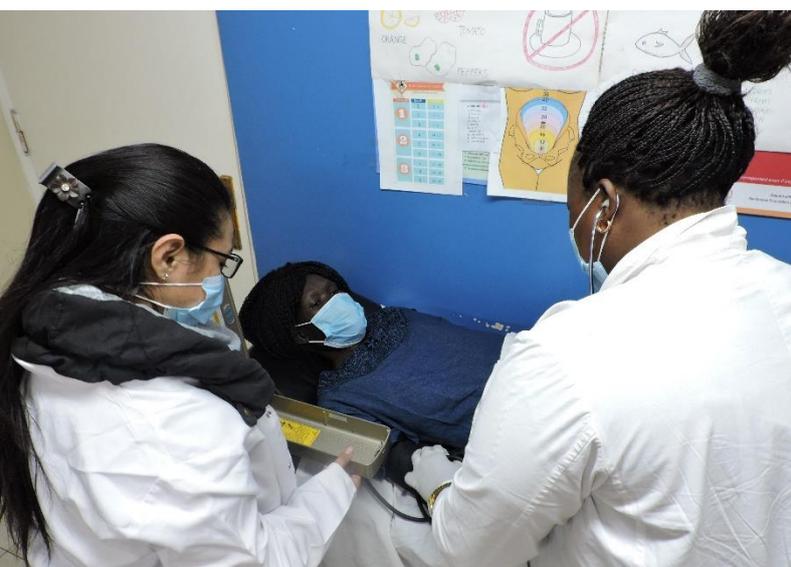
A look into our medical program

With the support of UNHCR and our generous partners, Refuge Egypt operates clinics at three sites around Cairo: Zamalek, Kilo 4.5 (Nasser City), Maadi, and 6th October. Out of these sites operate a number of different clinics, addressing a wide array of health concerns experienced by the refugee population.

At our antenatal clinics, we focus solely on high-risk pregnancies and pregnancies resulting from rape. Due to early interventions and regular follow-up of these cases, we manage to avoid any incidents of infant and mother mortality.

Our Well Baby/Well Child clinics serve refugee children aged 0-5, focusing on early detection of malnutrition, failure to thrive, and developmental delays. Children showing signs of malnutrition and stunted growth are referred to our malnutrition clinic where they receive treatment for seven months or until they are within the proper percentiles for growth. Our doctors counsel parents on proper nutrition and how to encourage proper development and growth. In recent months, our clinics have begun a partnership with Handicap International to provide support and training for families of children with disabilities. The entire medical team has now been trained with Handicap

Continued





Therapy through art

International for improving the screening tools at the WBCC and the malnutrition clinic by providing additional developmental assessment.

People living with HIV continue to receive services from our HIV clinic and report that they feel safe, accepted and listened to. Support groups and therapy with a trained psychologist provide these individuals with the care and support they need as they face high levels of stigma. In Egypt, it is common for people living with HIV to be excluded from employment and denied medical services due to their condition.

Our medical programme continues to respond to health concerns raised by the Ministry of Health and UNHCR. Along with Covid-19, TB remains a concern, especially as refugees live in densely populated areas with poor ventilation. Our TB clinic provides testing and contact tracing, as well as treatment for those with positive diagnoses. Increases in cases of Polio also continue to rise, prompting a vaccination campaign. During visits with our patients, we try to encourage vaccination for Polio as well as Covid-19.



Psychological First Aid (PFA) interventions help patients with a variety of concerns, particularly cases of rape, PLHIV, and those stressed by their socioeconomic conditions. At the beginning of the year, a psychosocial clinic was opened to address the urgent need for these services, and one-on-one and group therapy sessions help individuals cope and live fulfilling lives.

Health awareness seminars with our families present practical information on topics such as breastfeeding, infant brain development, gastroenteritis, microelements, play spaces, exercise, and fever management.

Stories from the Clinic



Finding a Safe Refuge

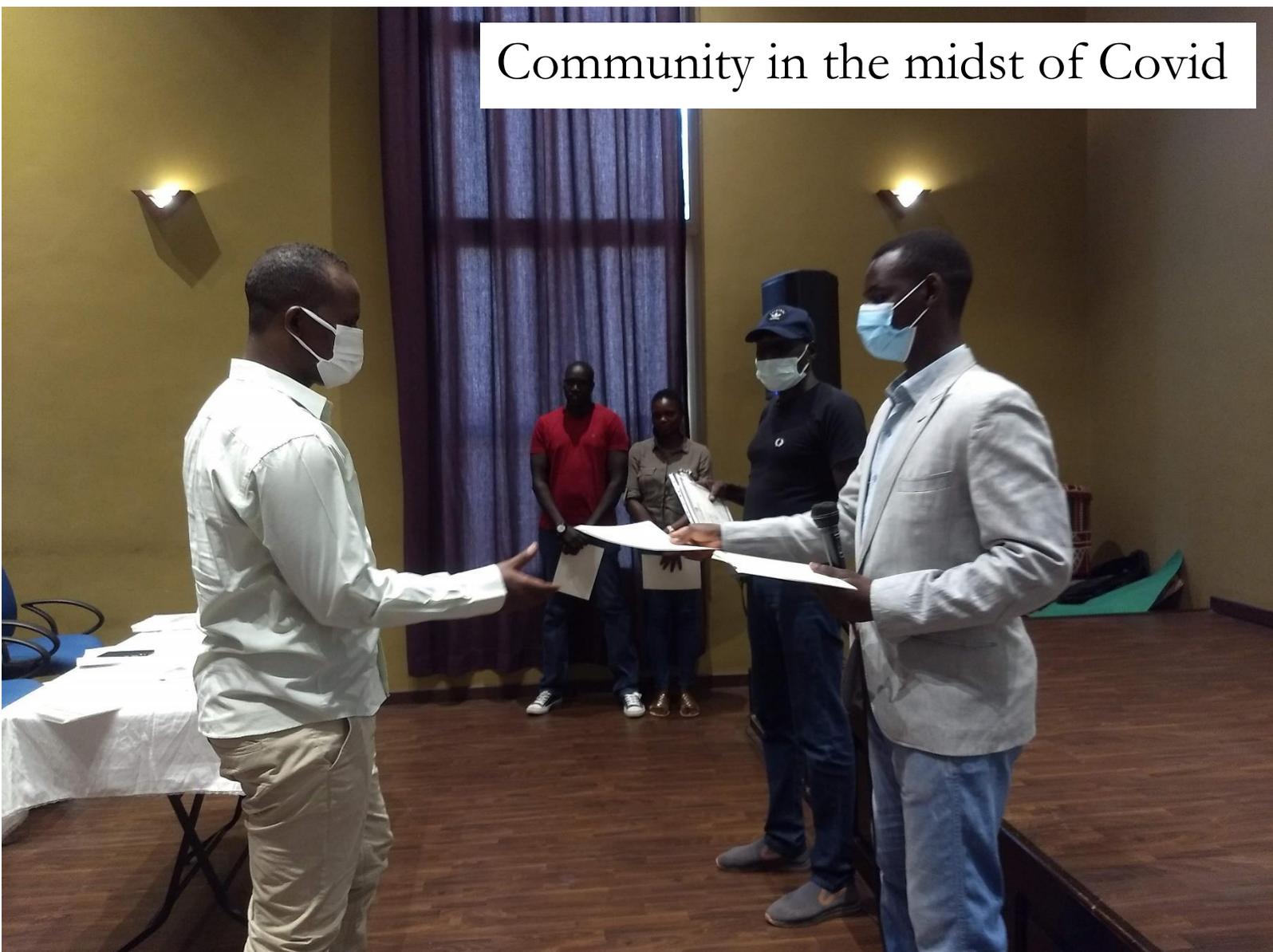
Ahmed* first came to us in February 2021, complaining of a cough that had lasted for 2 months. He also complained of night sweats, weight loss, shortness of breath, and generalized weakness. He was sent for a general medical examination and for a Genexpert test. He came back with positive results for the Genexpert and diagnosed with pulmonary TB. We started the treatment at once and told him about the recovery process and how to take his medicine. We followed up with the patient every two weeks with a clinical examination and checked on his symptoms until he completed the treatment and improvement was seen. He was discharged in August as completely cured.

Marwa* is a young woman who came to us in September 2020, complaining of abdominal pain, vomiting, fever, abdominal distention, mild cough, night sweats, and weight loss. She had no history of TB contact. She was sent for a medical examination and was diagnosed with TB peritonitis and pulmonary effusion. VCT was performed to be sure that the patient was free from any viruses, then we started the year-long treatment. We followed up with the patient every two weeks with a clinical examination and general investigation until the patient completed her course of the anti-Tuberculous drug. In August 2021, the patient was discharged as completely cured.

**All names have been changed to protect the safety and privacy of our clients and photos are not of the individuals in the stories.*

Adult Education Celebration

Community in the midst of Covid



Adult refugees celebrated the completion of the second term of 2021 during a graduation celebration on August 18. Approximately 200 students from Sudan, South Sudan, Eritrea, Ethiopia, Somalia, Chad and Yemen completed one of seven levels of English this term, while ten students, mostly from Eritrea, completed their Level 1 Egyptian Arabic course.

For refugees during Covid, many of whom are unemployed, language courses provide a

reason to leave their apartments and be with others. Students build community in their classes, staying after class to study together or chat, and connecting on WhatsApp throughout the week. This term we were lucky to have two extra volunteers whose jobs were just to provide additional assistance and remedial reading classes to our lower level students, as it's harder for students to receive one-on-one attention in class. We are grateful for these volunteers and the higher than usual pass rate, with 84% passing their class.